



Patient Information Leaflet



Your guide to Ultracore Repose Lite Inside

ultracore
repose[®] Lite Inside





Why have I been given this product?

You have been given this product by your nurse or healthcare provider because you have been assessed as being at increased risk of developing a pressure ulcer (also known as a 'bed sore' or 'pressure sore').

The Repose range of products are highly effective at redistributing pressure and preventing damage to your skin¹.

What is a pressure ulcer?

Pressure ulcers (also known as pressure sores or bedsores) are injuries to the skin and underlying tissue, primarily caused by prolonged pressure on the skin².

They can happen to anyone, but usually affect people who are confined to bed or who sit in a chair or wheelchair for long periods of time.

Pressure ulcers can affect any part of the body that's put under pressure. They're most common on bony parts of the body, such as the heels, elbows, hips and base of the spine.

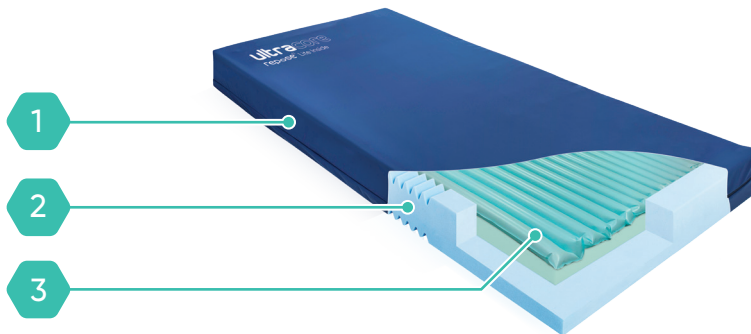
They often develop gradually, but can sometimes form in a few hours.

How does Ultracore Repose Lite Inside work?

Ultracore Repose Lite inside is an immersive, reactive air foam hybrid mattress and is designed for the prevention and treatment of pressure ulcers, delivered ready for use.



Repose is made from a flexible, multi-stretch material which gently conforms to your shape, surrounding and supporting the body by redistributing pressure across a wide surface area thus protecting vulnerable parts of the skin surface and the tissue below. Ultracore Repose Lite inside consist of three components which include.



- 1 Ultracore Cover:** A multi-stretch polyurethane cover, that is moisture vapour permeable, water resistant and has a protective ingress zip.
- 2 Foam U-core:** Designed to follow the contours of a profiling bed, the u-core structure provides extra stability and support to the Repose Lite mattress.
- 3 Repose Lite Mattress Inner:** A comfortable, pre-inflated, pressure redistribution support surface, with high levels of immersion and envelopment which has been clinically proven to deliver significant patient benefits¹.

How do I install my Ultracore Repose Lite Inside?

The Ultracore Repose Lite Inside mattress replacement system comes delivered in two parts: The Ultracore Mattress and Repose Lite Mattress Inner.

1. Remove both parts from the packaging (FIG 1 & 2)
2. Unzip the blue Ultracore cover (FIG 3)
3. Insert the Repose Lite Mattress Inner into the foam base (FIG 4)
4. Close the zips on the cover



FIG 1



FIG 2



FIG 3



FIG 4

Prior to use, allow the mattress system to acclimatise to room temperature.

How do I clean my Ultracore Repose Lite Inside?

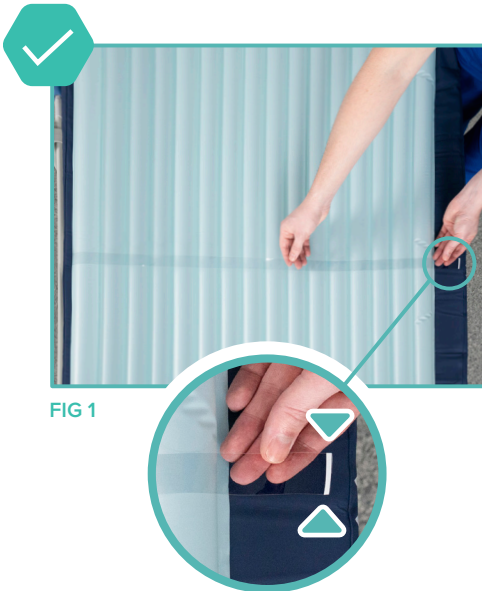
Please see the cleaning and decontamination instructions within the Ultracore Repose Lite Inside instructions for use.

Ultracore Repose Lite Inside Inspection Guide

During routine use, please check the appearance of Repose Lite Mattress Inner as the appearance may change, this is normal and to be expected. The Repose Lite mattress inner is supplied with a quick and easy check. This allows users to have peace of mind that their mattress is working as intended.

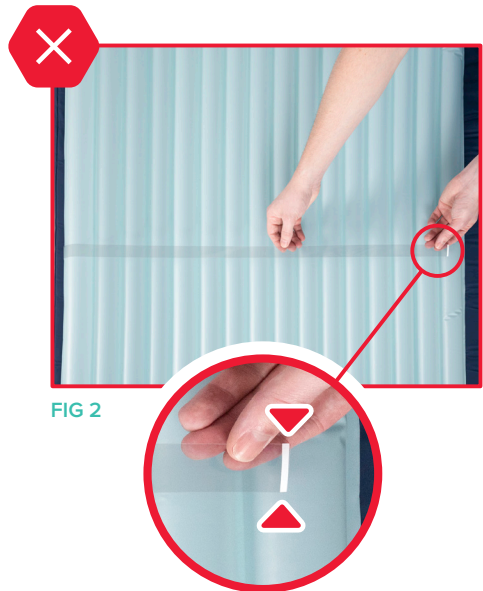
Conduct this check routinely and between patient use.

1. Unzip the Ultracore Repose Lite Inside cover
2. Remove the Repose Lite Mattress Inner
3. Close the zip on the cover and place the Repose Lite Mattress Inner on top
4. Locate the strap marker, which is attached to the centre edge of the mattress inner
5. Position the end of the strap level with the edge of the mattress inner (FIG 1).



SUITABLE FOR USE

If the white guide marker is visible beyond the edge of the mattress inner then it is suitable for use (FIG 1).



NOT SUITABLE FOR USE

If the white guide marker is visible over the mattress inner then it is not suitable for use (FIG 2).

References

1. Beckman et al. (2019) A multicentre prospective randomised controlled clinical trial comparing the effectiveness and cost of a static air mattress and alternating air pressure mattress to prevent pressure ulcers in nursing home residents. *International Journal of Nursing Studies* June, <<https://doi.org/10.1016/j.ijnurstu.2019.05.015>>
2. NHS 2020, *Pressures ulcers (pressure sores)*, NHS, viewed 10 February 2021 <<https://www.nhs.uk/conditions/pressure-sores/>>



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