

What to Do If Someone Falls – And How EasyCare Systems Can Help

Falls can be frightening, especially for those with limited mobility or chronic conditions. Whether at home or in a care setting, knowing how to respond can make all the difference—not only for safety but for dignity and comfort.

Step 1: Stay Calm and Assess the Situation

Ensure the person is conscious and not in immediate danger. Ask if they feel pain or discomfort. If there are signs of serious injury, call emergency services right away.

Step 2: Avoid Lifting Without Support

Manual lifting can lead to further injury—for both the person who has fallen and the caregiver. Instead, use equipment designed specifically for safe transfers.

Step 3: Use a Safe Lifting Solution

At EasyCare Systems, we proudly offer **Mangar lifting cushions**, including the **ELK** and **Camel**, designed to gently raise someone from the floor with minimal physical effort. These inflatable cushions are easy to use, portable, and can be operated by a single caregiver—restoring confidence for both parties.

Why It Matters

Falls aren't just physical events—they affect mental well-being too. Quick, respectful recovery solutions like Mangar lifts help maintain dignity and reduce the trauma of the experience.

Be Prepared

Don't wait for a fall to happen. Explore our full range of Mangar lifting solutions at EasyCare Systems and equip your home or care facility with tools that truly make a difference.

